



**M.V.P.Samaj's**  
**S.V.K.T. Arts, Science & Commerce College, Deolali Camp, Nashik.**

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**Vidyarthini Manch (Girl Students Forum)**

**Annual Report**  
**Academic Year – 2015-2016**

**About the Girl Students Forum**

Women empowerment is a part to encourage women to feel strong by telling them that they can do everything that they want to do. Empowering women is to give women equal rights. Women can have equal right to participate in education, society, economy and politics. Vidyarthini Manch is a forum that helps to stimulate the confidence in women by providing them everything to help them see the skills that they contain and are dormant within them. A proper nurturing, polishing and sharpening of those skills is only made possible through better education, awareness and a space to freely express oneself.

In the academic year 2015-2016 our college organised following sessions to empower and encourage the female students of our college. All these programmes help to create awareness among girl students about physical and mental health. These programmes develop self-confidence as well as all round personality of the female students of our college.

No.	Name of the Programme	Date	Topic	No. of Beneficiaries
1	Vidhayrthini Manch	22/08/2015	Rajyog Atmchintan Meditation	41
2	Vidhayrthini Manch	29/09/2015	Personality Development	52
3	NirbhayKanyaAbhiyan	10/12/2015	1.Problems of Women's Health 2. Awareness of Women's Law 3. Social problems of Girls.	86
4	Kali Umaltanna	20/01/2016	1.Guidance regarding rights of law's 2.Economical. Empowerment. 3.Ethics and Young generation.	112
5	International Women's Day	08/03/2016	Sangharsha Kanya	100

## Photos of the various programmes conducted in the college



Nirbhay Kanya Abhiyan - "Rajayog introspection" 22/08/2015 Chief Guest-Mr.Vikas Bhai, Mr.Vilas Bhai, Smt.Muktaben, Smt.Meeraben of Prajapati Brahmakumari, Maountabu, Rajasthan.



Nirbhay Kanya Abhiyan Programme Date:10/12/2015 Chief Guest Mrs.Vidya Phadke, Urjya Patil, Smt.Minakshi Gavali, Principal Dr.J.D.Sonkhaskar and students



Kali Umaltanna -Chief Guest Mrs.Ashwinitai Borase, President, Self Help Group Nashik District, Dr.Mrunalini Bhardwaj, Voice Principal, Panchavati College, Dr.Sandhya Gadakh, Manashi Khatale (Date 20/01/2016)

**Dr.J.D.Sonkhaskar**  
**Principal**